



THE COMPASSIONATE FRIENDS
ROCHESTER CHAPTER
Supporting Family After a Child Dies

July / August 2012

www.tcfrochester.org

July's Child

Fireworks race toward heaven
Brilliant colors in the sky.
Their splendor ends in seconds
On this evening in July.
"Her birthday is this Saturday,"
I whisper with a sigh.
She was born this month,
She loved this month
And she chose this month to die.

Like the bright and beautiful fireworks
Glowing briefly in the dark
They are gone too soon, and so was she
Having been, and left her mark.
A glorious incandescent life,
A catalyst, a spark...
Her being gently lit my path
And softened all things stark.

The July birth, the July death of
my happy summer child
Marked a life too brief that ended
Without rancor, without guile.
Like the fireworks that leave images
On unprotected eyes...
Her lustrous life engraved my heart...
With love that never dies.

Sally Migliaccio
TCF Babylon, Long Island, NY

August

The summer runs to harvest –
Do you ask:
How can a harvest be without my child?
Friend, some day soon
the harvest in your life
will bring you hope and wealth
from love remembered.

Summer

Sunlight dancing in the branches
of the birchtree at my door.
Meadow stretching smug and lazy,
darker, greener than before.
Wind as warm as hugging children,
clouds so round and very close –
and on one small grave there trembles
lovingly an early rose.

Summerwind

The one who owns this summer is not here,
not here to know the tender summerwind,
not here to share the glowing and the song.
The one who owns this summer did not live,
not live to touch the richness of this day,
this day in summer when you are alone.
Weep to the summerwind, weep and love again
the one you remember.

The Poems of Sascha Wagner

Grandparents Remembrance

We are the grieving grandparents, the shepherds of our children and grandchildren's lives. Our grief is two-fold and at times we feel powerless to help. We seek to comfort our children in the depths of their grief and yet we need the time and space to face our own broken hearts. We have been robbed of the special tender touch a grandparent shares with a grandchild, and we have lost a symbol of our immortality. As we walk by our child's side, we both give and draw strength. We reach into their hearts to comfort them, and when they reach out to us in their distress, we begin the journey to heal together. We continue to be their guardians. We allow traditions to change to accommodate their loss. We support the new ones, which symbolize the small steps on their journey. It is in their healing that our hearts find comfort.

**Susan Mackey
TCF Rutland, VT**

My Angel Day

Yes Mom, this is my Angel Day
From my earthly life, I know I left quite soon
But only to enter my greatest reward in Glory
Far beyond the moon

Today you'll perform your loving rituals
And do your best to keep my memory aware
Yes Mom, this ritual is for both of us
For I am both here and there

**Donald Moyers
TCF Galveston County, TX**

Welcome New Friends

At nearly every meeting we welcome new members to our group, always with mixed emotions. We are glad you found us, but we are so sorry for the circumstances that bring us together. We understand your pain; we hope our unconditional friendship and understanding will help you through your grief.

Attending a meeting for the first two or three times takes courage, but for many it is the first real step toward healing. It may seem overwhelming, so we encourage you to come to several meetings to give yourself a chance to become comfortable.

If you would like to contribute to our Compassionate Friends Chapter, please forward your Love Gifts And Donations to: The Compassionate Friends of Rochester, 130 Portview Circle, Rochester, NY 14617. Please make checks payable to: The Compassionate Friends of Rochester, New York. Sincere Thanks!

“Wounds do not heal without time and attention.
Yet, too many of us feel that we don’t have the right
to take the time to heal from emotional and physical wounds.”

~ From Judy Tatelbaum’s “Courage to Grieve”

TCF, Atlanta GA Chapter

“An important way to cope with grief is having an outlet, be it interpersonal, be it artistic,
that will allow you to not have to contain your grief, but will give you an opportunity to express ,
to externalize it to some degree.”

~ R. Benjamin Cirlin, Grief counselor

TCF, Atlanta GA Chapter

Carol Ann Britt loaned a VHS Tape “What Dreams May Come” starring Robin Williams. If you have this VHS Tape, please contact Carol Ann: 585-377-8425. Thank you!

Upcoming Events

July 20 – 22, 2012 – National TCF Conference. Costa Mesa, California.

September 11, 2012 –

**Alan Pedersen will be visiting our TCF Rochester Chapter on his
2012 "Angels Across The USA" Tour**

Alan is an award winning songwriter, successful recording artist and nationally recognized speaker on grief and loss. In July of 2010, he was named the Professional of the Year by the Board of Directors of The Compassionate Friends, the largest organization in the world helping bereaved families. In 2011, Alan received the Humanitarian of the Year award from the Bobby Resciniti Healing Hearts Foundation.

As a former Nashville songwriter, stand-up comedian and network radio news reporter, Alan has over 30 years of experience writing, performing and producing all genres of media.

On August 15, 2001 Alan’s life was changed forever. Ashley Marie Pedersen, his oldest child and only daughter, died as a result of an automobile accident.

Alan has turned his journey through the valley of grief and the pain of loss into a collection of powerful and moving songs recorded on to 4 highly acclaimed CD’s.

His music is popular with bereaved people around the world and has been used at thousands of candle lighting services, balloon and butterfly releases and by hundreds of professionals and organizations as a healing tool for the bereaved.

Visit www.angelsacrosstheusa.com

Donations & Love Gifts

Ed & Linda Bohrer, in loving memory of Shaun Bohrer
 Bonnie Corbett, in loving memory of Kelly Forrest
 Geraldine Drasch, in loving memory of Thomas J. Drasch
 Nancy D. Harber, in loving memory of Caroline Elizabeth Harber
 Nancy D. Harber, in loving memory of Caroline Elizabeth Harber
 Ed Klehr, in loving memory of Pat Klehr
 Stephen Kuitems, in loving memory of Robert Joseph Kuitems
 Eric & Barb Lintala, in loving memory of Grant Matthew Lintala
 Eric & Barb Lintala, in loving memory of Cathy Spoto
 Joan Loewenguth
 Kathleen Lynd, in loving memory of Kevin Patrick Lynd
 Cynthia Nelson, in loving memory of Kendra Marie Nelson
 Richard & Deborah Oberhofer, in loving memory of Sara Oberhofer
 Nicolas & Cynthia Oliva, in loving memory of Stephanie Oliva
 Barbara & Hugh Otterson
 Carla Smith, in loving memory of Paul McManus, Jr.
 Alice Torres, in loving memory of Recardo Bernabeu, Jr.
 Dan Wilson, in loving memory of Greg Crawford
 Elaine Wilson, in loving memory of Keith Wilson
 Mary Yacono, in loving memory of Robert Yacono
 James & Melissa Yates

Meeting Location:

Lifetime Care

3111 Winton Road South

(across from Valley Cadillac)

Meeting Days :Tuesday the 10th and Tuesday the 24th (July)Tuesday the 14th and Tuesday the 28th (August)

7:00 P.M. to 7:15 P.M. - social

7:15 P.M. to 9:00 P.M. - meeting

Contacts:

Brenda Schmidt 585-370-6095 Becky Price 585-346-2441

TCF Regional Coordinator:

Jacquie Edwards-Mitchell 718-451-0814

TCF National :

877-969-0010 or www.compassionatefriends.orgSend newsletter inputs or web comments to:
Joan Carafos, carafos12@frontiernet.net*See Brenda for TCF Bracelets (\$2.00) and Memorial votive candle holders (\$5.00)****Rochester Chapter TCF Mission:***

The MISSION of the Rochester Chapter of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



Our Children Remembered
July, 2012
Birthdays and Remembrance Days



Birthdays

<i>Timothy E. Hale</i>	<i>July 1</i>
<i>Juliana Jean LaMonica</i>	<i>July 1</i>
<i>Wyatt William Zuber</i>	<i>July 4</i>
<i>Zachary Lawrence Yates</i>	<i>July 4</i>
<i>Michael A. Collins</i>	<i>July 7</i>
<i>Sara Ann Carrales</i>	<i>July 10</i>
<i>Kendra Marie Nelson</i>	<i>July 10</i>
<i>Graham Wilson Smith</i>	<i>July 12</i>
<i>Atansio Michael Aguglia</i>	<i>July 12</i>
<i>Joseph Steven Monroe</i>	<i>July 13</i>
<i>Karen J. D'Amico</i>	<i>July 14</i>
<i>Eric D. Wunderlich</i>	<i>July 15</i>
<i>Isaac Courtney Towne</i>	<i>July 16</i>
<i>Steven L. Britt</i>	<i>July 16</i>
<i>Laura Catherine Mix</i>	<i>July 18</i>
<i>Peter Genga</i>	<i>July 18</i>
<i>Jessica Lyndsey Frey</i>	<i>July 20</i>
<i>Adam Richard Furstoss</i>	<i>July 30</i>
<i>Adam Michael Miller</i>	<i>July 31</i>

Remembrance Days

<i>Curtis Aaron Seibert</i>	<i>July 1</i>
<i>Juliana Jean LaMonica</i>	<i>July 5</i>
<i>William Peter Cook</i>	<i>July 6</i>
<i>David Raymond Coates</i>	<i>July 7</i>
<i>Keith Martin Wilson</i>	<i>July 11</i>
<i>Steven John Fantozzi</i>	<i>July 11</i>
<i>Atansio Michael Aguglia</i>	<i>July 12</i>
<i>Michael Paul Phillips</i>	<i>July 12</i>
<i>Joseph Steven Monroe</i>	<i>July 13</i>
<i>Robert Joseph Kuitems</i>	<i>July 13</i>
<i>Adam Richard Furstoss</i>	<i>July 15</i>
<i>William F. Beyerbach II</i>	<i>July 15</i>
<i>Christopher Robert Crawford</i>	<i>July 19</i>
<i>Paul McManus Jr.</i>	<i>July 21</i>
<i>Julie Rosenborg</i>	<i>July 24</i>
<i>Cheryl Lee Segal</i>	<i>July 25</i>
<i>Michael Matthew Brown</i>	<i>July 27</i>
<i>Scott David Swanson</i>	<i>July 28</i>
<i>Mike C. Wormuth</i>	<i>July 30</i>





Our Children Remembered
August, 2012
Birthdays and Remembrance Days



Birthdays

<i>Caroline Elizabeth Harber</i>	<i>August 4</i>
<i>James Stedman McDonald</i>	<i>August 6</i>
<i>Hunter Paul Duffy</i>	<i>August 12</i>
<i>Thomas Joseph Drasch</i>	<i>August 12</i>
<i>Daniel G. Slater</i>	<i>August 14</i>
<i>Jeffrey Michael Simon</i>	<i>August 14</i>
<i>Brandon Loyd Campbell</i>	<i>August 15</i>
<i>Oliver Fox Maira-Walsh</i>	<i>August 15</i>
<i>Jennifer Lyn Quackenbush</i>	<i>August 18</i>
<i>Ricardo Berbabeu, Jr.</i>	<i>August 26</i>
<i>Tristan Folley Hanna</i>	<i>August 28</i>

Remembrance Days

<i>Reynold Armand</i>	<i>August 7</i>
<i>Pat Helen Klehr</i>	<i>August 8</i>
<i>Theresa Ann Kohl</i>	<i>August 8</i>
<i>Eric Lorine Rupp</i>	<i>August 11</i>
<i>Reese DeBlase</i>	<i>August 11</i>
<i>Matt Loomis</i>	<i>August 15</i>
<i>Robert Anthony Yacono</i>	<i>August 16</i>
<i>Jeffrey Michael Simon</i>	<i>August 16</i>
<i>Jonathan Lawrence Mayl</i>	<i>August 17</i>
<i>Sara Michelle Oberhofer</i>	<i>August 20</i>
<i>Anna M. Kiner</i>	<i>August 24</i>
<i>John M. Driscoll</i>	<i>August 27</i>
<i>Wyatt William Zuber</i>	<i>August 29</i>
<i>Brian T. Furness</i>	<i>August 31</i>



Hí,

TCF Rochester is conducting a complete database update for the upcoming 2012 and the 2013 newsletter mailings. The update is to assure its accuracy and confirm that you wish to continue to receive the newsletter.

If the questionnaire is not received by the end of August 2012, it will be assumed that you want to be dropped from the mailing list. Please remember, you can receive the newsletter by e-mail or you can view/download the newsletter from the TCF website (www.tcfrochester.org).

When you send in your form, consider TCF Rochester for a tax free donation to help support the newsletter and the group. The form is also available at the TCF website and can be filled out and printed from the website: (www.tcfrochester.org).

Thank you!

